

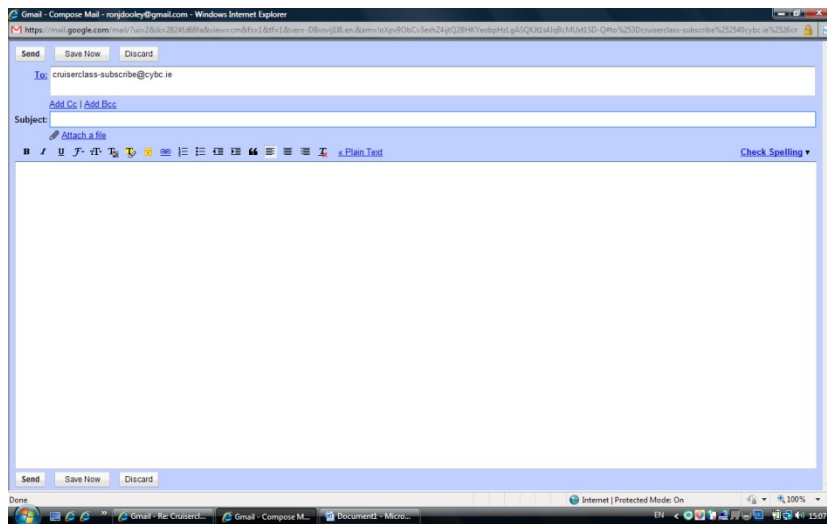
To Subscribe

Step 1:

Send an email from your preferred email account to the following address:

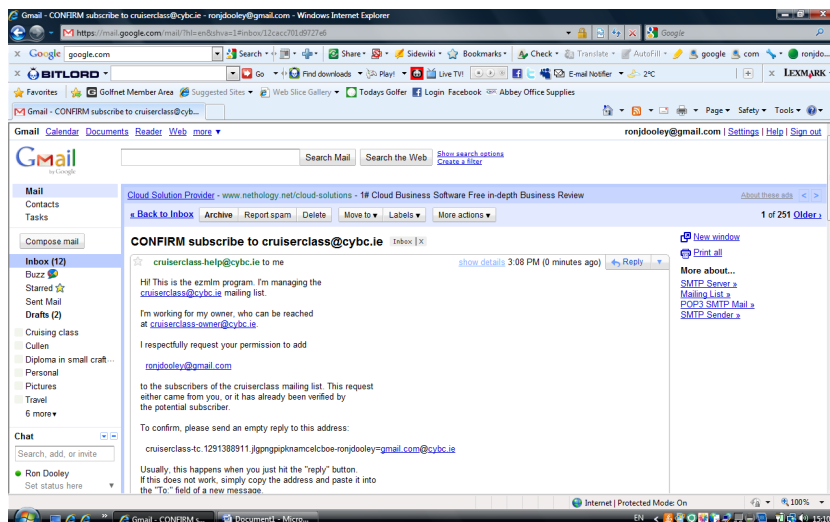
cruiserclass-subscribe@cybc.ie

Subject field and message field are not required (see below)



Result 1:

You will then receive an auto generated email by return (see below)



Step 2:

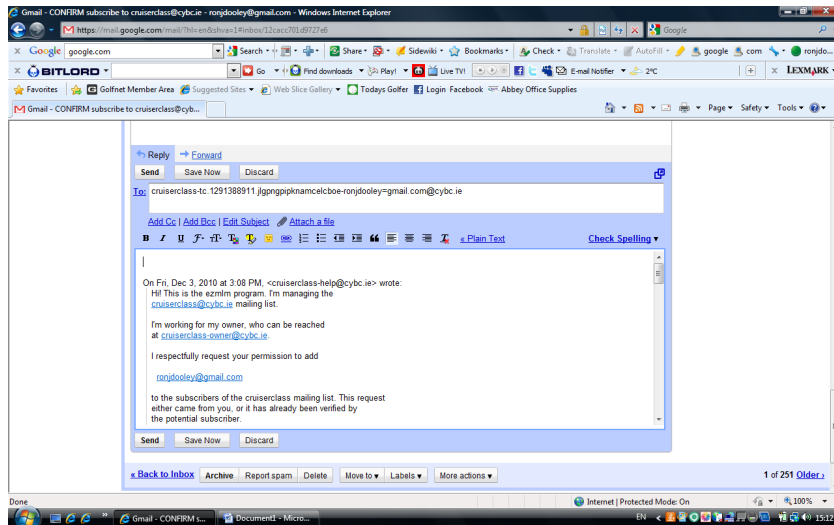
To activate your submission simply hit the reply button

The 'To' field will self populate with the following address

cruiserclass-tc.1291388911.jlgpngpipknamcelcboe-YOURNAME=YOUR EMAIL Provider@cybc.ie

eg: ronjdooley@gmail.com

Subject field is not required (see below)



To Unsubscribe:

Follow similar steps but use the following address: cruiserclass-unsubscribe@cybc.ie

Cruising Class email subscription instructions [Year]

